

NEW TWIST ON
A CHINESE CLASSIC
LETTUCE-WRAPPED
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BEST BF
ON STAGE AT
THE MMVA'S
SCENE {page 12}



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JAMES TURNER/METRO

Marathon winner at 71



► Chester Draper of Dryden, Ont., crosses the finish line as the winner of the Manitoba Marathon's wheelchair full marathon. Thousands packed Winnipeg streets to compete in the annual Father's Day event, which includes the half-marathon, relay races and a walk. See our photo gallery at metronews.ca/winnipeg.



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Pets sweating it out in hot vehicles

Winnipeg police said they had to rescue several animals after concerned citizens reported pets left unattended in vehicles.

Winnipeg Police Services responded to three separate incidents Saturday, including one early-evening call at a business in the 1500 block of Regent Avenue West, where they were able to locate the animal and fine the pet owner.

"There were concerns in respect of the length of time the animal was left in the vehicle due to the extreme temperatures even late in the day," said Const. Jason Michalyszen. "Vehicles left parked, whether it be in the shade or in the sun — extreme temperatures can be reached."

The individual was given several tickets under the Animal Care Act. The of-

fences included failing to provide an animal adequate protection as result of heat and confining an animal to an area without significant ventilation. According to Environment Canada, yesterday's temperature reached a high of 26 C.

Const. Michalyszen said police are asking the public to be cautious and to not leave pets in parked vehicles for any period of time

Pet safety

If you do have to leave your pet in a vehicle for a minute, make sure that...

It has plenty of clean fresh water in a bowl (two or

three bowls are even better).

- It's kept in a cool environment with lots of ventilation.
- It can't get caught in objects that prevent it from accessing the shelter or water.

without proper ventilation or access to water. If people are concerned about a pet left in a vehicle, they can

notify management at the business closest to the vehicle to try to locate the owner. **CRYSTAL LADERAS**

All aboard the strike museum

► **Strike! — The Musical** on hold until next summer to make time for the movie ► **Symbolic streetcar** helping catch attention of extras



CRYSTAL LADERAS
WINNIPEG@METRONEWS.CA

Of late, the country might have been keeping its collective eye on the Air Canada and Canada Post strikes, but playwright Danny Schur is using an old fashioned streetcar to draw attention to the anniversary of the Winnipeg General Strike of 1919.

Sitting across Hotel Fort Garry is a replica of the 596 model streetcar that used to run right over the Broadway boulevard. It was originally a prop for Schur's 2009 outdoor production *Strike! — The Musical*. A famous picture shows the same model streetcar overturned in front of city hall in the infamous "Bloody Saturday" riot. His version

has already fooled some people. "I was setting it up and some old timers came up and said, 'This is amazing! How did you restore it so perfectly?' I said, 'Sir, it's only two years old.' It looks pretty darn real," said Schur.

A walk inside shows a pictorial history of the strike and streetcars in Winnipeg. Schur is also hoping the museum will attract 750 extras for the film version of the musical, which starts shooting in downtown Winnipeg next summer.

"History just keeps repeating itself," said Schur. "It completely resonates that it's the anniversary of the biggest strike there ever was in Winnipeg. For six weeks the whole city was shut down. This is a



► Danny Schur stands in front of the new General Strike Museum.

huge symbol to labour and unions, especially in this climate right now. To those in unions, they'll argue that the lessons of the past,

were still fighting that stuff."

The museum is open for free from June 21 to a date yet to be set in September,

from 9 a.m. to 6 p.m. People interested in working as extras in the film *Strike!* can email Schur at dannysschur@hotmail.com.



An anti-circumcision comic book hero raises hackles in California. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

Canadian couples join 'Kiss & Tell' to support gay marriage rights in the U.S. Video at metronews.ca



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MANSLAUGHTER

Court to hear killer mom's appeal

Manitoba's highest court has agreed to hear the appeal of a Winnipeg mother who killed her child while living at a residential treatment facility under the supervision of Child and Family Services

Nicole Redhead is currently serving the remainder of a 12-year prison sentence for manslaughter in connection to the June 2009 death of her 21-month-old daughter, Jaylene Sanderson-Redhead.

While Redhead, 29, had failed to file her appeal documents in time, her lawyer has successfully argued it wasn't

her fault and she shouldn't lose her chance to have the Manitoba Court of Appeal hear her case. The court has ruled the appeal can now proceed.

Jaylene suffered “continued and prolonged” abuse while staying with her mother at the treatment centre.

The sentencing judge in the case called the girl's condition "unspeakable." CFS had only returned Jaylene to Redhead's care a few months prior to the death.

Court heard Redhead placed her hand over the girl's mouth for as long as two minutes and then left her without calling for help. Her boyfriend, who was in jail at the time, was the person who called 911.

Court also heard Red-head comes from a background marred by drug addiction and violence.

 JAMES TURNER

Smokin' hot Rihanna

JAMES TURNER/METRO



► Rihanna performs to a sold-out crowd at the MTS Centre in Winnipeg Saturday night.

▶ Metro readers weigh in on the singer's talent and good looks

► **Opener Cee Lo Green disappoints**

Reader reviews



Metro Winnipeg was at Rihanna Saturday night, and so were 14,000 other Winnipeggers. The 23-year-old pop and hip-hop sensation performed a sexy and athletic set that was perhaps the most eye-popping show this year. Here's what you had to say:

► **@erinzor:** Rihanna was smokin' hot! Awesome performance. It looked like she was having just as much fun, too!

► **@Brah_Huxtable:** J. Cole was excellent for an opener. Cee Lo Green tried, but couldn't really get the

crowd going. Rihanna brought the house down. **Ashley Greenfield:** Went to the show last night with two friends and it was much more than I expected. Was disappointed in Cee Lo Green, since he seemed ticked off the crowd wasn't going crazy for him — he's the opening act, not the star, so he should get over it. Then Rihanna comes out in what can only be described as a glowing gerbil ball, and things got crazier from there. Everything was over-the-top but it was also a lot of fun. Rihanna has a gorgeous voice, she wasn't lip-synching ... she is simply a gorgeous woman. Had a blast.

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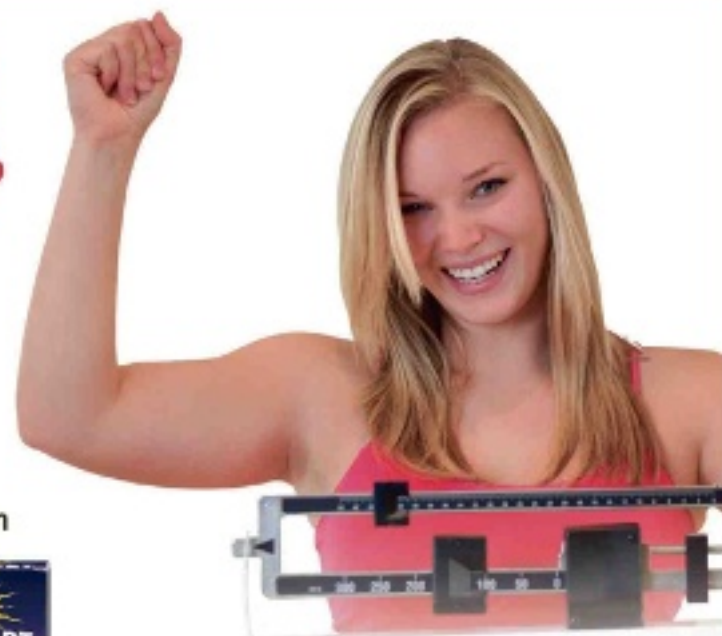
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RECORD BREAKING

Man, son
pull two
trucks

A Cobourg, Ont., strongman has pulled off another world record, but this time he had a little help from his son.

Reverend Kevin Fast and his 18-year-old son Jacob set the Guinness World Record for heaviest vehicle pulled by two people on Saturday.

They pulled two fire trucks 30 metres down Queen Street in Cobourg in 38 seconds as hundreds of people cheered.

The trucks together weighed more than 72 tonnes. For an encore, the reverend lifted 20 people on a platform on his back at the pier.

The event was a fundraiser for Habitat for Humanity, a cause Fast became involved in last September when he pulled a house 11.95 metres.

THE CANADIAN PRESS

Female suicide up in army

Groundbreaking research by the Canadian Forces, Statistics Canada and Veterans Affairs has shown an increase in the number of suicides deaths in female service members between the ages of 40 and 44.

Researchers can't explain the increase, but say it involves a small number of women over a 35-year peri-

od. There were 37 suicides for women in all age groups who were serving or released from the military.

Psychiatrist Dr. Rakesh Jetly, advisor to the military on mental health issues, said there may be an elevated rate because programs weren't in place to help them transition to the civilian world. THE CANADIAN PRESS

Our troops hand over reins

MURRAY BREWSTER/THE CANADIAN PRESS



► Pte. Danny Drapeau, of Alpha Company 1st Battalion Royal 22e Regiment, waits to lower the Canadian flag for the last time at Forward Operating Base Zangabad yesterday.

► Signs of 'more determined foreign fighters' as U.S. takes over

The road to Zangabad is lined with graves and for years was littered with mines, but for Canadian troops it is memory lane.

The place they fought over so many years was quietly handed over to the Americans yesterday as their withdrawal from Kandahar hit full stride.

Alpha Company 1st Battalion Royal 22e Regiment, which rolled into the notorious Taliban redoubt as part of NATO's major offensive last fall, pulled back to Kandahar Airfield.

"Au revoir, Zangabad," the radio crackled as the last Canadian light armoured vehicles rolled out.

"There is real a sense of accomplishment," said Maj. Pierre Leroux, the company commander.

Lt-Col Steve Miller, the commander of the Ameri-

"(The Van Doos) wanted to go out with a sense of professionalism that was truly inspiring"

LT.-COL STEVE MILLER, LEADER OF 3RD BATTALION 21ST U.S. INFANTRY REGIMENT

can unit replacing them said the Van Doos kept up the tempo of patrols right to the end.

The U.S. Stryker unit knows it's taking over a tough neighbourhood, one that has been unusually quiet despite being well into the Taliban's spring-summer fighting season.

"Knowing the history of the place, I'm surprised, but who knows what will happen in three weeks," Miller said. THE CANADIAN PRESS

Wounded soldier to climb Kilimanjaro

► Calgary's Mark Fuchko lost his legs below the knee after driving over an explosive device in Afghanistan
► Using prosthetics, he and a group of peers will trek up a mountain to raise money for orthopedic surgery



JEREMY NOLA
@METRONEWS.CA

Reaching Africa's highest peak is difficult enough. Doing so without use of your own legs is a challenge few would attempt.

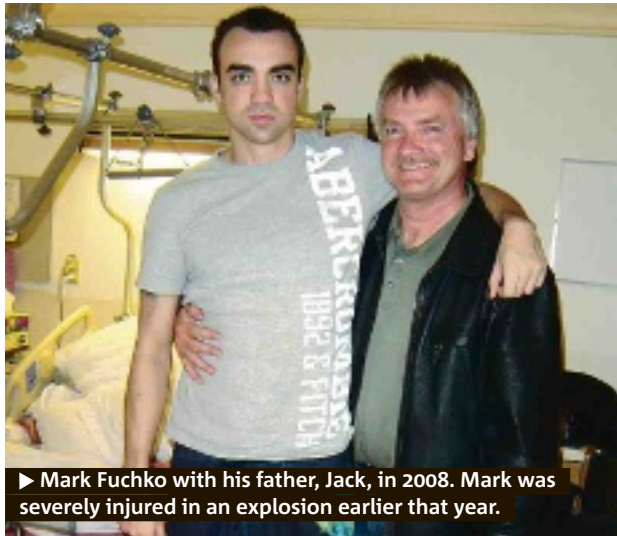
But 26-year-old Calgary soldier Mark Fuchko is used to taking adversity head on.

"He's pretty determined, slightly stubborn," chuckled his father, Jack Fuchko. "He's climbed lots of mountains. This is just another one."

Jack's comments refer to

years of difficult rehabilitation Mark has endured after suffering critical injuries on duty in Afghanistan's Kandahar province. He lost both legs in March 2008 but began walking again before the year was out.

Fuchko's focus now is on aiding others in similar situations. He and other participants on the Kilimanjaro Climb hope to raise \$575,000 to purchase a computerized navigation system for the Orthopedic Surgery Centre at Edmonton's Royal Alexandra Hospital.



► Mark Fuchko with his father, Jack, in 2008. Mark was severely injured in an explosion earlier that year.

Fuchko said he initially believed losing his legs was a "death sentence."

"There were some really hard days," he said. "You come from this high level of activity ... and then you are in a wheelchair and just going to the bathroom is a challenge."

Fuchko, who has prosthetics, credits much of his recovery to "overwhelming" support from family and fellow soldiers.

On the climb, he will be joined by three fellow Canadian Forces members. The group plans to set off Aug. 8 and climb six hours

Reach the top

► Climbers cover about 19,340 feet before reaching the summit of Mount Kilimanjaro.

► For more information on the Kilimanjaro Climb or to donate, visit kilimanjaro.royalalex.org.

a day to the summit Mount Kilimanjaro five days later.

"It's going to be a challenge for sure," Fuchko said. "I think I have got the tools and the support network to succeed."

Energy adviser hired

Canada has spent \$1 million on a special adviser on climate change and energy to lobby key players in the United States over energy and environmental issues. The job description includes promoting a made-

in-Canada technique of pumping greenhouse gas deep underground.

Marc Lepage, Canada's former consul general and top trade official in San Francisco, was picked for the job. THE CANADIAN PRESS

RICHARD LAM/THE CANADIAN PRESS



► Betty Fox

Hero Terry Fox's mother dies

Betty Fox, the mother of one of Canada's most beloved heroes, who nurtured Terry Fox's legacy into one of international action and inspiration in the fight against cancer, has died.

Her family said at the beginning of June that Fox was seriously ill and in a hospice, though their statement said reports she was suffering from cancer were incorrect.

On Friday morning, the

family posted a notice on the Terry Fox Foundation website saying she had died a few hours earlier.

"Betty/Mom passed away peacefully, surrounded by love," the family said. THE CANADIAN PRESS

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CRTC to address digital content

► Independent operators voice concerns at hearing about anti-competitive behaviour in mobile market

With more and more TV content in Canada being delivered online through mobile devices such as smartphones and tablets, Canadian regulators open hearings this week on possible measures to ensure a level playing field for service providers.

New wireless company Public Mobile says it wants to ensure an equal opportunity for all players even if it doesn't currently offer such services for its mobile phone customers.

"We're interested in potentially expanding our set of services and making sure that if we moved into things that were closer to broadcast distribution, we

"You'd get different content depending on which cellphone you subscribe to ... to us that makes no sense."

KEN ENGLEHART,
SENIOR VICE-PRESIDENT, ROGERS

would have the flexibility to compete in those markets," said Public Mobile executive Bruce Kirby.

Public Mobile will appear before the Canadian Radio-television and Telecommunications Commission in Gatineau, Que., today to make its case for fairness in a field dominat-

ed by major players such as Shaw Communications Inc. and BCE, which own most of the country's television broadcasting assets.

In recent years, much of Canada's private broadcasting sector has been swallowed up by a handful of big companies. Shaw, for example, has bought 11 local Global TV stations across Canada and a group of specialty stations such as HGTV and Showcase.

After approving the Shaw sale last fall, the CRTC said it was worried that consolidation could produce anti-competitive behaviour and announced it would hold the hearings.

THE CANADIAN PRESS

Future. Of flight



► A mock-up of an electric plane concept by EADS on display at the Paris Air Show.

MICHEL EULER/THE ASSOCIATED PRESS

Paris Air Show kicks off

Bombardier is showcasing a mock-up of its 110- to 149-seat CSeries aircraft, which is slated to enter service at the end of 2013, at the Paris Air Show, which kicks off today. The show is expected to translate into numerous orders for aircraft manufacturers.

RIM to be left behind?

With Research In Motion acknowledging the release of its upgraded BlackBerry smartphones in late summer will miss a big chunk of the back-to-school selling season, analysts are raising questions on whether RIM can still compete against Apple and Android. THE CANADIAN PRESS

Market moment

TSX



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PHOTOS: AP/WIDEWORLD

United recovering from computer outage

A five-hour computer outage that virtually shut down United Airlines Friday night and early Saturday is a stark reminder of how dependent airlines have become on technology.

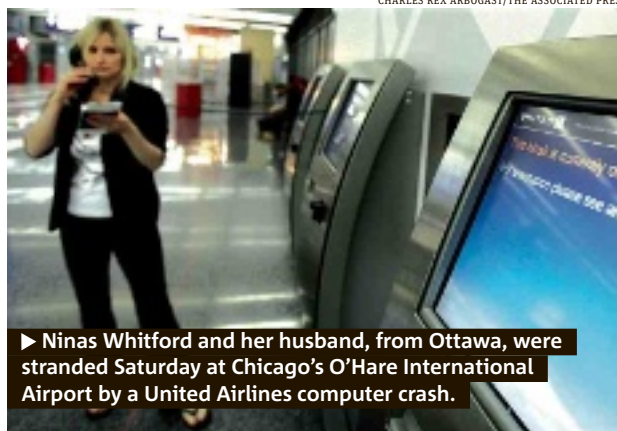
Passengers saw their flight information vanish from airport screens, and thousands were stranded as United cancelled 31 flights and delayed 105 worldwide.

The airline still had no explanation for the outage

Saturday afternoon. But things could have been much worse.

Friday's shutdown occurred late enough in the day that many of the cancelled flights were the last planes out for the day, said Henry Harteveltdt, an airline analyst with Forrester Research. On a Monday morning, the results could have been catastrophic.

"It happened as a lot of the airline was going to sleep for the night,"



► Ninas Whitford and her husband, from Ottawa, were stranded Saturday at Chicago's O'Hare International Airport by a United Airlines computer crash.

CHARLES REX ARBOGAST/THE ASSOCIATED PRESS

Harteveltdt said.

That doesn't mean affected travellers were happy.

"I'm just amazed at how catastrophic the failure was," said Jason Huggins, 35, who was trying to fly home to Chicago after a week working at his software company's San Francisco headquarters. "All the computer screens were blank, just showing the United logo."

On a typical day, United cancels 15 to 30 flights for

reasons ranging from fog to maintenance problems or staffing shortages, and those cancellations are understandable. But passengers said a computer glitch should not have grounded the airline.

"They're infrequent, but the fact that they happen at all is puzzling. These are mission-critical," said airline analyst Robert Mann. "The idea that they would fail is troubling."

THE ASSOCIATED PRESS

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It's 6:55 in the morning. I'm dressed head to toe in running gear, including a ridiculous pair of knee-high white socks that are "the latest technology." My body is

wondering why it's even up at this hour on a Sunday morning, and my head is reeling at what lies ahead: 26.2 miles of the Manitoba Marathon.

Fortunately, I'm surrounded by 14,000 or so other people that are in a similar situation (except most of them have passed on the goofy socks), taking on one of the marathon's half-dozen different events.

Since it was launched in 1979, the Manitoba Marathon has become one of the signature community events of the Winnipeg summer, raising more than \$4 million for people with intellectual disabilities along the

way. And rarely do you see such a perfect match between a fundraiser and its designated cause.

Through organizations like Community Living Manitoba, marathon funds help individuals with intellectual disabilities address their challenges and lead more independent lives in the community. The marathon is somewhat symbolic of that effort. Individuals set their own

challenges, and while they do the hard work, it's the support of the community that pushes them to the finish line.

Along the route yesterday I met dozens of small kids with their hands held out for high-fives, hundreds of volunteers with cup of waters and encouraging words, and thousands of other Winnipeggers who dragged themselves out of bed and onto the street to clap, ring cowbells or shout things like "Keep up the good work, 910!" (my bib number).

My personal highlight came around mile nine, on Wellington Crescent, where a shirtless man in a Viking helmet rapped Eye of the Tiger over a PA system. He didn't do it because he was good (he wasn't) but just to offer a small boost to those running past. It worked brilliantly. I laughed out loud despite the fact my legs were cramping and my pace was slowing considerably at that point.

This collective sense of community is what ultimately made the event such a memorable experience for me. It certainly wasn't my finish time. After coming in at a little more than five hours, I must finally agree with my father that our family "just isn't built for running."

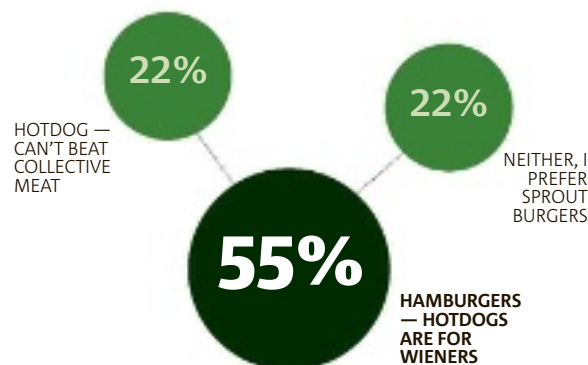
So thanks to the 12-year-old rockers in Wolseley, the folk group on Lyndale Drive, the polka band in St. Vital, the person who held the "Chuck Norris never ran a marathon" sign and especially to the Rapping Viking. With your help, 910 did make it to the finish line ... eventually.

Colin Fast is a corporate communicator who blogs about life in Winnipeg at policyfrog.com.



Register at
metrolifepanel.ca
and take the quick poll

Do you take a hotdog or hamburger off the barbecue?



Worth mentioning

DUBAI, United Arab Emirates.

A Saudi woman defiantly drove through the nation's capital while others brazenly cruised by police patrols in the first forays of a campaign that hopes to ignite a road rebellion against the male-only driving rules in the ultraconservative kingdom.

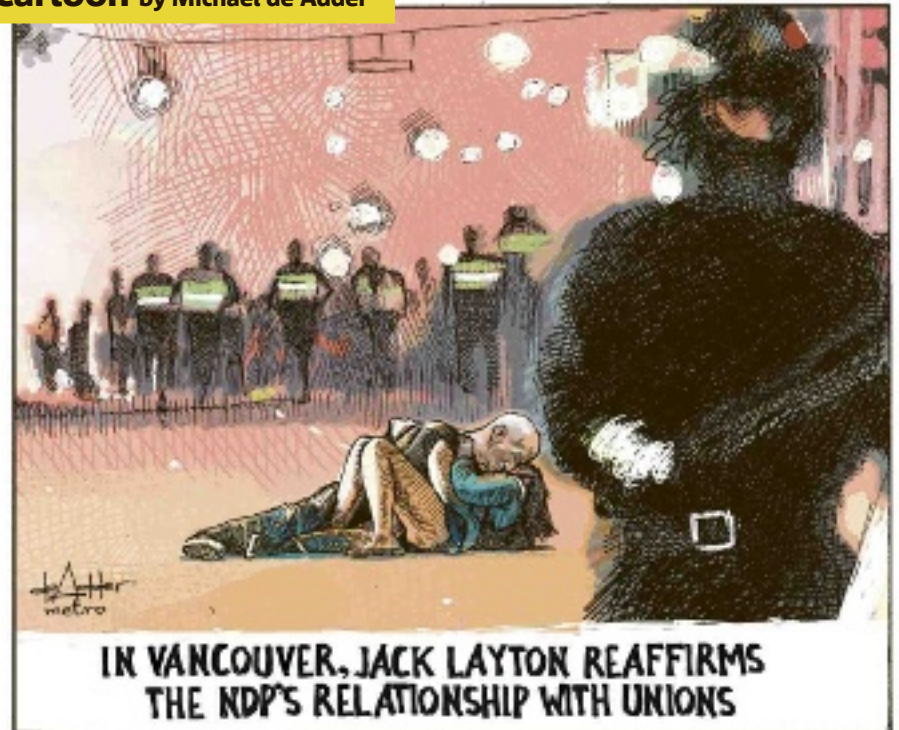
It was a rare grassroots challenge to the Western-backed Saudi monarchy as it tries to ride out the Arab world's wave of change, and a lesson in how the uprisings are taking root in different ways. In this case, the driver's seat was turned into a powerful platform for women's rights Friday in a country where women have almost no political voice.

"We've seen that change is possible," said Maha al-Qahtani. She said she drove for 45 minutes around the capital, Riyadh, with her husband in the passenger seat. "This is Saudi women saying, 'This is our time to make a change.'"

About 40 women took part in Friday's show of defiance. No arrests or violence were reported, though al-Qahtani was later ticketed for driving without a licence.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Freeloaders not allowed in space

The billionaire businessman behind Virgin Galactic says William Shatner, and other celebrities, shouldn't expect any free rides into space.

The space tourism enterprise is already taking reservations for flights, which could begin next year.

But it's become clear that the actor who played Captain James T. Kirk, perhaps the world's most famous fictional spaceman, is not among the

440 people from 40 countries planning to go up.

"William Shatner has said that he's scared to go into space and it's quite ironic really when you think of his career," company founder Sir Richard Branson told The Canadian Press. "And, like most celebrities, he would like a freebie."

The cost of a seat is \$200,000 US.

The 80-year-old actor recently admitted he did not want to boldly go anywhere beyond the Earth's atmosphere.

Branson suggested the Star Trek actor is in the minority. "Most people are unlike William Shatner. I would say nine out of 10 people — if they could afford it — would love to go into space." THE CANADIAN PRESS

Local tweets



► @rihanna: I'm bloody STARVING!!!! What's good to eat in Winnipeg???

#HELP

► @nishag98: Haven't been to an airport as small as winnipeg's since ... since the last time I was in Winnipeg :p

► @ladybones_: Babe o'clock in downtown Winnipeg

► @Brad_Spence: Farmer tan is in this summer. Get on the sexy bandwagon. #Winnipeg

► @shepherderrin: Happy Father's Day and congrats to everyone who ran in the

Manitoba Marathon events today in Winnipeg!

► @gregfroese: Hey #winnipeg, hope you do a better job managing traffic flows around U of M with new stadium than today at Manitoba Marathon.

► @karlyrichelle: So @royalcanoe covered "No Diggyty" and "Pony" last night at The Winnipeg Jazz Festival and anyone who wasn't there should be jealous.

► @tskomro: With so many great restaurants in #Winnipeg, I have no clue why people choose to go to chain restaurants.

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2
scene

Box office



Ryan Reynolds is the latest superhero to rule the weekend box office. Green Lantern debuted at No. 1 with \$52.7 million, a fair but unremarkable opening stacked up against other comic-book adaptations.

It brought up the rear among superhero moves to open this summer, behind Thor and X-Men: First Class.

The previous weekend's top flick, sci-fi adventure Super 8, slipped to No. 2 with \$21.3 million.

Jim Carrey's family comedy Mr. Popper's Penguins had a frosty start, coming in at No. 3 with \$18.2 million.

THE ASSOCIATED PRESS



Scan this code or visit
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coverage from the MMVAs.

All that glitters at MMVAs

DARREN CALABRESE/THE CANADIAN PRESS

◆ Co-host Selena Gomez and boyfriend Justin Bieber steal show
◆ Performers include Avril Lavigne, Bruno Mars, Simple Plan

Justin Bieber shocked his shrieking fans by appearing at the MuchMusic Video Awards last night — and he didn't have to wait long to claim a trophy for his effort.

Frenzied teens lining the show's red carpet erupted when the 17-year-old — who wasn't scheduled to appear at the show — arrived in a nondescript SUV. Soon afterward, he was climbing the stage to accept the award for international video of the year by a Canadian, an honour he shared with Toronto rapper Drake.

"I want to say thank you so much to all my fans, you guys are amazing," said Bieber, clad in a pink blazer, white graphic T-shirt and jeans, a pink scarf hanging from his back pocket.

"I love you Toronto."

Lady Gaga opened the show with a tame — by her standard, anyway — take on her latest hit The Edge of Glory, clad in a

studded leather jumper, her hair coloured bright turquoise. It was the first of two performances expected from the eccentric Grammy winner, who made headlines with a raunchy performance at the MMVAs two years ago.

She made another MMVA memory early in this show, claiming the award for international video of the year.

"Thank you, I'm so, so happy," said Gaga, who then pointed out that the video's co-director, Laurieann Gibson, was Canadian.

"Always stick by what you believe in. Always stand by your vision. We did it!"

Early winners included Bieber, Vancouver dance-punk outfit You Say Party, former So You Think You Can Dance contestant Blake McGrath, Toronto rapper JDiggz and hard-edged Toronto rockers Abandon All Ships.

A leather-clad Fefe Dobson manoeuvred around a red convertible while she belted out Stuttering, while Far East Movement performed a medley of their club hits that ended with Snoop Dogg emerging from a coffin surrounded by — what else? — a haze of smoke.

THE CANADIAN PRESS

DARREN CALABRESE/THE CANADIAN PRESS

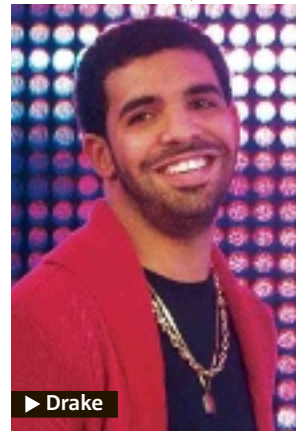


► Fefe Dobson



► Justin Bieber and girlfriend Selena Gomez stand on stage during the MMVAs.

DARREN CALABRESE/THE CANADIAN PRESS



► Drake

DARREN CALABRESE/THE CANADIAN PRESS



► Lady Gaga kicks off the MMVAs.

Black Friday for teen singer

CHRIS PIZZELLO/THE ASSOCIATED PRESS

◆ Music video Friday that went viral with 160M views is pulled off YouTube
◆ Song stars Rebecca Black, 13

Rebecca Black's official Friday music video has been taken off YouTube.

The page where the video starring the 13-year-old singer once played now says it "is no longer available due to a copyright claim by Rebecca Black."

Black's spokesman says

her team sent a takedown notice to YouTube because of a dispute over the video with Ark Music Factory, the company Black's parents paid \$4,000 to produce the song and video.

Earlier this week, the firm began charging viewers \$2.99 to watch the clip.

Lawyers for Black and

Ark Music have been haggling over who owns the rights to everything associated with Friday since it became a sensation earlier this year.

The video had amassed more than 160 million views and more than three million "dislikes."

THE ASSOCIATED PRESS



► Teen pop singer Rebecca Black poses for a portrait in Los Angeles on April 15, 2011.

Megan Fox still super smitten with her hubby

► Couple planning to renew their wedding vows in Hawaii ► Actress says Brian Austin Green's sensitive ways have helped transform her

Megan Fox admits her and husband Brian Austin Green's visit to Hawaii this month could lead to the couple renewing their vows — something she wouldn't have considered before.

"I didn't think that I was into it until my relationship with Brian," she tells E! News.

"He's very sensitive and very emotional. He's a Cancer so he's very all about feelings and relationships and he cries about everything. He'll want to do it, so I'll do it for him."

● METRO



► The couple got married on June 24, 2010, in a small, private ceremony held at the Four Seasons hotel on Hawaii's Big Island.

ALL PHOTOS GETTY IMAGES



► Crystal Harris and Hugh Hefner got engaged in December of last year.

July's Playboy features Hef's 'runaway bride'

Hugh Hefner's ex-fiancée, Crystal Harris, called things off so close to their wedding day that Hefner didn't even have time to change the cover of the latest issue of Playboy, featuring Harris with the headline Introducing Mrs. Crystal Hefner.

So what's a publisher to

do? "Recent events call for a special sticker on the July cover. Look for it on newsstands," Hefner posted on Twitter.

The issue was published with the original cover, but with a bright red sticker reading, Runaway bride in this issue!

● METRO

Celebrity tweets



"I'm going to be a politician. I'm running for public office. I will be announcing soon. #Muniz2016"



@frankiemuniz

@BarRefaeli



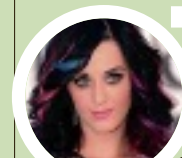
"I broke my arm. And I'm annoyed! Booooooo"

@hughhefner

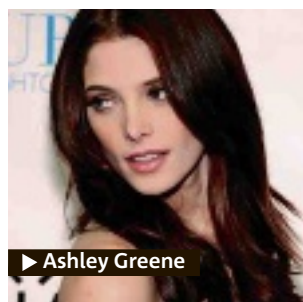


"Anna, the girls & I watched Adam Sandler & Drew Barrymore in 50 First Dates tonight."

@katyperry



"tonight I dye my hair a different color... Can you guess which color?!"



► Ashley Greene

Twilight star romanced in NY

Gerard Butler is reportedly pulling out all the stops to woo Twilight star Ashley Greene, according to Us Weekly.

The pair were spotted together at an event in New York recently, where

Butler "had a hand on her shoulder and leaned in to her. He really turned on the charm," according to a source, who also claims Butler was spotted with his hand on Greene's rear.

The 300 star also reportedly spent the night ordering Greene's drinks for her and entertaining her with a rendition of Journey's Don't Stop Believing.

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Kick to Pick

Of the many dumb apps for prospective parents, this is one of the dumbest — and the most fun. You scroll through a list of names, put the iPhone over your belly and wait for the baby to make a move. It'll stop on his or her "selection." Barely works, but it's a nice database of names anyway.

● MWN

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From whittling to knitting, men can bring their own sensibility to crafts.

The divorce syndrome

► Earlier this month, researcher Hyun Sik Kim of the University of Wisconsin-Madison, released an eye-opening study ► Children of divorced parents often fall behind their classmates in math and social skills ► We talk to Kim about the possible long-term impact



SAM CASTONE
LIFE@METRONEWS.CA

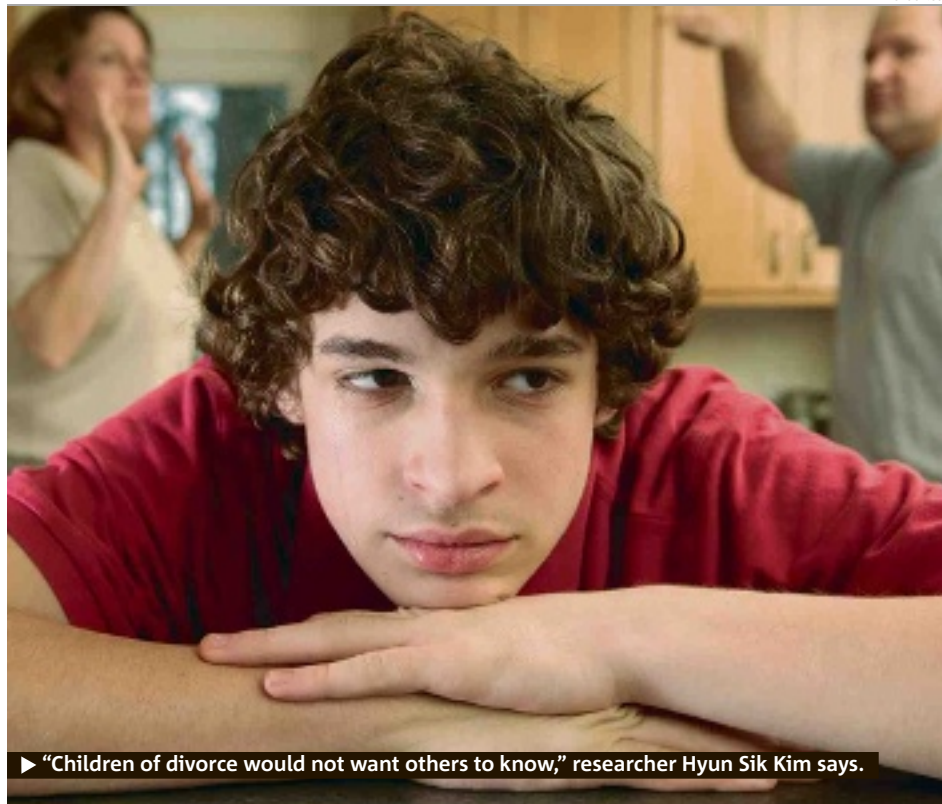
METRO WORLD NEWS

You studied children during the first two years after the divorce. Why is that period so crucial?

I studied that period mainly due to data availability — information was available only up to spring of fifth grade, although now, information up to eighth grade is available, which enables me to extend my analyses. But one of the main controversies around divorce is whether children of divorce catch up with children from intact families some time after divorce. That's why it was very important to examine development of children of divorce after divorce occurs.

What surprised you the most?

That I failed to find negative impacts of divorce in the pre-divorce stage. People tend to think that couples go through intense marital conflict before they decide to divorce — otherwise why choose to divorce? And it's widely accepted that children under parents' marital discord experience developmental setbacks, such as retardation in cognitive skills and high frequency of problem behaviours. However, my study finds



► "Children of divorce would not want others to know," researcher Hyun Sik Kim says.

that there is no differential growth in the pre-divorce stage.

Yet you found their social skills were stunted?

I found that children of divorce lagged behind children from intact families in the growth of interpersonal social skills in the during-divorce stage. Why, I can only speculate. One possibility is that children of divorce go through emotional problems, which is consistent with

my finding that children of divorce experienced problems in internalizing their problem behaviours. Another reason may be related to stigma attached to parental divorce, so that children of divorce would not want others to know their own situations, which may lead to less frequent interactions with others. It should also be added that these behaviours were reported by teachers.

Do you have any good news for children of divorce?

I found that development of children of divorce did not worsen in the post-divorce stage even though they did not catch up with children from intact families. In other words, children of divorce developed as similarly as children from intact families in the post-divorce stage.

Divorce is so common these days. Do you think, eventually, anti-social behaviour and

Rising trends

The American Academy of Matrimonial Lawyers often polls its members about what they've seen or done lately. Here's what they said.

- 81% Of those polled said they use social media evidence (like Facebook posts) to help win a divorce case for clients.
- 48% Have seen a spike in couples going to court, rather than settling civilly.
- 40% saw a downturn in their business three years back, when the recession hit and folks put divorces on hold.

low math scores will be the norm for most kids? In other words, will we have to redefine what we expect from children?

This is really a hard question to answer from my study. One very important finding in my study is that children from intact families suffer more compared to children of divorce if the former children were in families plagued by marital conflicts. In this case, we can predict positive effects of divorce for those children. But remember, I just examined children two years after divorce. I cannot at all predict how children of divorce develop until they become adults.



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Say 'cheese' in the kitchen

► This uniquely Canadian Maple Cheddar Spread and Classic Swiss Cheese Fondue are great choices for appetizers when entertaining guests



BOTH PHOTOS: THE CANADIAN PRESS H/Q

Preparation:

1 Rub inside of fondue pot with garlic clove. Pour in wine and bring to a boil; reduce to low heat. Add Emmenthal and Gruyere cheeses. Stir gently in a figure-eight pattern to avoid lumps. Add drops of lemon juice if cheese does not blend in easily.

2 Mix together cornstarch and kirsch until smooth; stir into cheese mixture. Season with pepper and nutmeg while stirring

until smooth.

3 Place fondue pot over tabletop burner and serve with bread.

4 Using fondue forks, dip bread cubes in fondue. Stir occasionally to keep fondue smooth. When fondue pot is nearly empty, layer of lightly browned cheese will form on bottom. Scrape with wooden spatula for real connoisseurs.

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Ingredients:

- 1 garlic clove, peeled
- 250 ml (1 cup) dry white wine
- 300 g (10 oz) Emmenthal cheese, diced
- 300 g (10 oz) Gruyere

- cheese, diced
- Juice of half lemon
- 15 ml (1 tbsp) cornstarch
- 50 ml (1/4 cup) kirsch
- Ground pepper and nutmeg, to taste
- 1 fresh large baguette, cubed

Maple Cheddar Spread



Preparation:

1 Using large holes of a box-cheese grater, grate apple and squeeze out juice; set grated apple aside.

2 In bowl, using hand mixer, beat cream cheese and cream until smooth. Stir in grated apple, cheese, maple syrup, chives, mustard and garlic; combine.

3 Cover and refrigerate for at least 1 hour to blend flavours. Transfer to serving container, garnish with chives and apple slices. Serve with crackers or celery.

Ingredients:

- 1 red apple, cored
- 1/2 cup (125 mL) cream cheese, softened
- 1/3 cup (75 mL) 10% half-and-half cream
- 1/2 cup (125 mL) shredded extra-old cheddar
- 1 tbsp (15 mL) pure maple syrup
- 1 tbsp (15 mL) chopped fresh chives
- 1/2 tsp (2 mL) Dijon mustard
- 1 small clove garlic
- Chives and apple slices
- Crackers or celery sticks

THE CANADIAN PRESS/ DAIRY FARMERS OF CANADA

Mu Shu with a turkey twist

► This version of the Chinese classic calls for a veggie and turkey stir-fry

Mu shu is a Chinese dish with stir-fried vegetables and, in this version, ground turkey. It is served wrapped in lettuce leaves. This meal that can be ready in 25 minutes.

Ingredients:

- 15 ml (1 tbsp) oil
- 1 clove garlic, minced
- 2 green onions, chopped
- 500 g (1 lb) ground turkey
- 250 ml (1 cup) sliced mushrooms
- 250 ml (1 cup) chopped bok choy
- 125 ml (1/2 cup) sliced water chestnuts
- 125 ml (1/2 cup) thinly sliced red pepper
- 250 ml (1 cup) chopped napa cabbage
- 50 ml (1/4 cup) hoisin sauce, plus extra for leaf wrappers
- 15 ml (1 tbsp) soy sauce
- 10 ml (2 tsp) sesame oil
- 5 ml (1 tsp) five spice powder
- 12 whole lettuce leaves, washed and dried

Preparation:

1 In a pan set at medium, heat oil. Add the garlic and green onions and sauté, for about 3 minutes. Add turkey and cook until it is brown.

2 Add the mushrooms, bok choy, water

chestnuts and red pepper. Cook until all the vegetables are tender. Add the remaining ingredients except lettuce, mixing until combined. Sauté the mixture until the napa cabbage is wilted and the mixture is heated through all the way.

3 To serve, set out a platter of lettuce leaves and bowls of mu shu turkey and extra hoisin sauce. Let the diners spoon the turkey mixture and hoisin sauce into lettuce leaves and roll up.

THE CANADIAN PRESS/ ONTARIO TURKEY FARMERS



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► This recipe makes four servings.

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Turning others on to offsetting

► Canadian company helping save African lives with a CO2 cuts program ► Find out what you can do to help

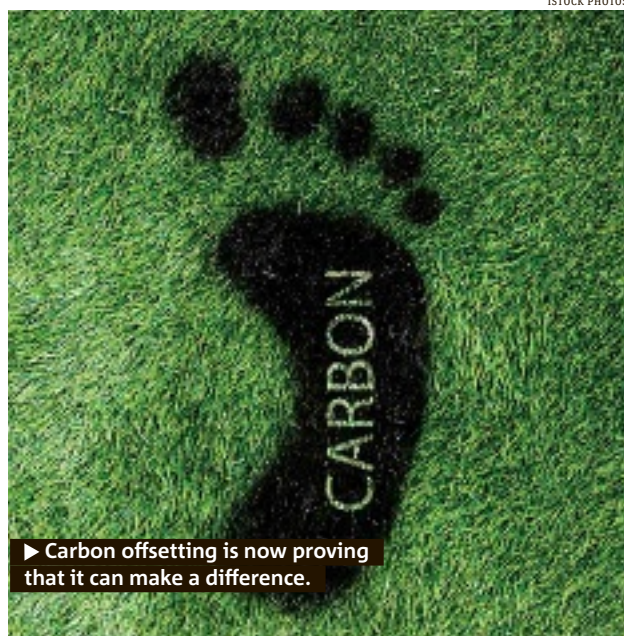


Carbon offsets — money paid by eco-conscious companies for carbon emissions they have not been able to reduce — are now being used to save lives in the developing world.

Offsetters, a Vancouver-based provider of carbon-management solutions, has become the first Canadian company involved in offering a high-quality cookstove program in Africa.

"The big appeal of these projects is that the carbon benefits are very clear," says James Tansey, CEO of Offsetters. "The side benefits of doing this are, in some ways, even more important."

The new stoves are

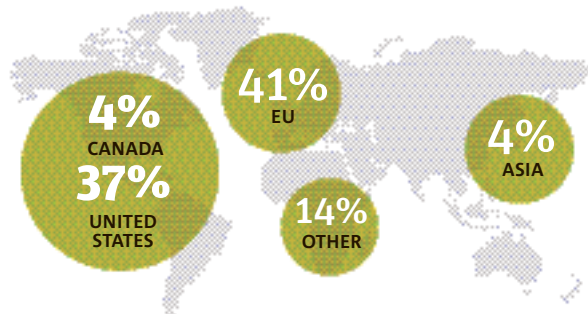


bound for Uganda, where most cooking is done indoors, burning wood,

garbage or whatever waste materials are available. This is such a dirty

Carbon data

Who's buying carbon offsets? World-wide data for 2010:



method, installing the new stoves will be like removing 4,000 cars from the world's roads. The potential health benefits are startling.

"Indoor air quality is one of the largest causes of child mortality — more significant than malaria," Tansey notes. "So this proj-

ect leads not only to reductions, but also very significant improvements in health and well-being."

This is green policy at its best. A world-wide effort to reduce CO2 emissions in the air — through the purchase of carbon offsets — leads directly to safer, longer lives in Africa.

"For these kinds of projects, companies that are reducing their emissions within their operations put a price on carbon," explains Tansey.

"They're paying maybe \$20 a ton for the carbon emissions they can't reduce. That money is then pooled, and used to subsidize the cost of the cookstoves."

Offsets come in two kinds: a voluntary market, and one demanded by eco-friendly legislation.

"The global market is around \$113-million in voluntary transactions. The regulated market, which is also something we work in — particularly in Europe — is hundreds of millions of dollars in transactions."

For more information, visit offsetters.ca.

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Her age ain't nothing but a number

► She's one of the MVPs of her office and is getting ready to embark on a new life adventure ► Oh, and she's 79

TURNING POINT

TERESA KRUIZE
LIFE@METRONews.ca



They call her Dynamo Betty.

At the age of 79, Betty Ford is one of the top sales people at ArrKann RV and Trailer in Edmonton and is showing no signs of slowing down.

Ford has worked since she was 13 years old in numerous office and sales jobs.

She taught Dale Carnegie courses and sold high-end condos. She was 69 when a former sales manager gave her a call.

"Ford, you're dying on the vine," Betty recalls



► Betty Ford is showing no signs of slowing down.

him saying. "I want you come and sell RV's with me." Now after 10 successful years at her job

Betty is facing another turning point in life. She promised ArrKann she'd stay with them until she

turned 80. With her birthday in August fast approaching she is now planning on moving to

Courtney, B.C. to be closer to her family. Does that mean she'll quit work? "I already have four job

offers," Betty tells me with a chuckle. "I'm going to miss all my friends but there's a whole new adventure out there and I'm going to find it."

Go get 'em, Dynamo Betty.

Betty's advice

An Octogenarian's View on Life and Work

- I don't even understand the concept of age or retiring. I think life is an adventure and you should go with it.
- Find something you want to do and make sure you like it.
- Have confidence in yourself and be honest with others.
- Don't worry about life so much. It'll sort itself out.

The man with the iron suit

► Metro chats with Wang Kang, a 25-year-old whose slightly unorthodox office attire is causing quite the stir on the internet and amongst his peers

An ordinary office day may be boring, but it might cheer you up when you find out that your colleague is a superhero. A telecoms company employee, Wang Kang stunned his office colleagues and boss in Shanghai, China, when he strutted into the office in his homemade Iron Man suit on June 3.

Wang, age 25, told Metro that his Iron Man MK 1 suit is made of high-density foam, wires and tubes and then painted the colour of aged iron. It took three months and 3,000 yuan (\$465) to finish this 50 kg armor costume.

What inspired you to make this Iron Man suit? I have been a crazy fan since the first Iron Man film was released in 2008, and I like doing handmade stuff. I thought it would be so cool if I could make Iron Man armor so simply. Maybe I just wanted to be



► Get out of the way, Iron Man's coming to the office!

cool at the beginning. But it's much cooler than I thought after I finished it.

How did you feel when you walked into the office like that? I felt so cool and excited when I walked into the office with this Iron Man suit on, and some of my colleagues didn't rec-

ognize me and even got scared of me. It was great fun that people saw me as if I was a real superhero. Then I was so happy that everyone praised my effort, even my boss complimented me.

Has this Iron Man suit changed your life? I never

thought I could be famous because of it, now I have become very busy replying to all kinds of emails and messages from my own fans, which I enjoy. In fact many women want to know me and be my girlfriend, because they think I am a creative and interesting guy. ● METRO



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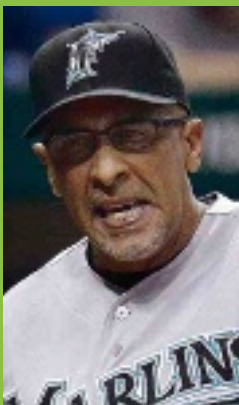
Upcoming Classes

September 6, 2011 Mornings

October 3, 2011 Afternoons

4
sports

Quoted



“Edwin talked to the staff this morning. It’s been a roller-coaster, let’s put it that way, the past few weeks. It’s disappointing. Edwin is a good man and a good manager. I thought our guys handled it well.”

FLORIDA MARLINS BENCH COACH BRANDON HYDE, WHO TOOK ON THE ROLE OF MANAGER AFTER EDWIN RODRIGUEZ, PICTURED, UNEXPECTEDLY RESIGNED FROM THE POSITION YESTERDAY. THE MARLINS’ LOSING STREAK EXTENDED TO 10 GAMES AFTER A 2-1 LOSS TO THE TAMPA BAY RAYS.



Scan code for more sports.

Major domination by McIlroy

► Irishman erases Masters collapse, wins U.S. Open in record fashion

Every time Rory McIlroy lined up a shot yesterday, there was some sort of record on the line, some kind of history to be made.

That was this year’s U.S. Open version of suspense. There was never any doubt that the kid from Northern Ireland was going to win it.

In complete control of his emotions and his game, McIlroy never slipped. He won his first major championship by shooting a 2-under 69 at Congressional and closed his four-day onslaught at 16-under 268, eight shots ahead of Jason Day and four shots better than the U.S. Open scoring record formerly held by four players, including two named Woods and Nicklaus.

After the final tap-in, Gerry McIlroy met his son as he walked off the green. “Happy Father’s Day,” the new champion said.

Happy Father’s Day, indeed.

All week, McIlroy’s performance was compared to Tiger Woods’ 15-shot blowout at Pebble Beach in 2000.

“I was trying to go out there today and emulate him in some way,” McIlroy said. “I played great for four days and I couldn’t be happier.”

The win comes two months after a collapse so thorough, some wondered if McIlroy could recover. He took a four-shot lead into the final day of the Masters, but after hitting his 10th



“I think this kid’s going to have a great career. I don’t think there’s any question about it. He’s got all the components.”

GOLF LEGEND JACK NICKLAUS
IN AN INTERVIEW WITH NBC

tee shot near a cabin on the grounds of Augusta National, he melted down, shot 80 and finished 15th.

His shot on the 10th hole yesterday wasn’t comparable. On the 214-yard par-3, a downhill shot over water, McIlroy knocked the ball above the hole, then watched as it stopped for a split second and started spinning backward before stopping an inch or two from the hole.

He tapped in for a birdie that got him to 17-under par at a tournament that had never seen a score lower than 12 under before Friday.

“That was the point in the round that I really felt it was mine to lose,” McIlroy said.

McIlroy now owns the scoring records for 36, 54 and 72 holes at the toughest test in golf and he became only the third player to break 70 in all four rounds of the U.S. Open.

THE ASSOCIATED PRESS



► Rory McIlroy hoists the U.S. Open trophy yesterday.

Canada’s Findlay wins yet another triathlon

Edmonton’s Paula Findlay edged Helen Jenkins by four seconds to win the triathlon world series event in Kitzbuehel, Austria, yesterday and extend her lead at the top of the overall standings.

Findlay finished in 2:05:52.

“I’m thrilled again. Wow, that was a real hard race. I was running maximum the

whole way,” she said.

Findlay had emerged from the swim more than a minute down on the leaders, Jenkins and Sarah Haskins. She caught Jenkins at the end of the fourth bike leg.

Findlay leads the world series with 2,400 points. The win is her fifth in six races over the last 11 months. THE ASSOCIATED PRESS



► Paula Findlay celebrates yesterday.

Sports in brief

Cards’ Pujols leaves game with injury

MLB. St. Louis Cardinals first baseman Albert Pujols was hurt on a play at first base yesterday against the Kansas City Royals. He went down while trying to tag Wilson Betemit. He will be further evaluated today.

THE ASSOCIATED PRESS

Police accused of shocking Serbian striker

RUSSIA. Zenit St. Petersburg yesterday accused riot police of zapping Danko Lazovic with an electric shock as he tried to throw his shirt into the stands during a match. Footage shows the Serbian being approached by police officers as he moved toward the away fans in the match Saturday.

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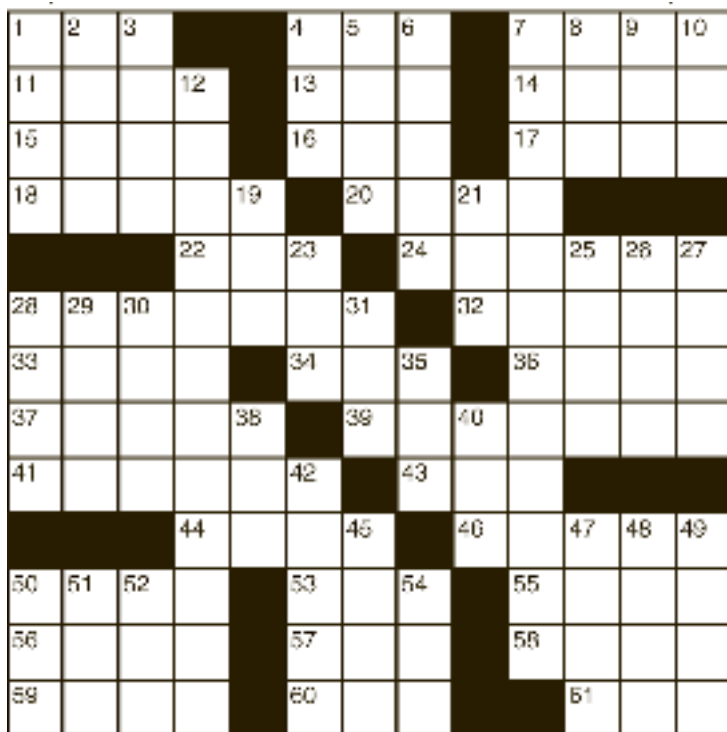
Crossword

Across

1 Energy
4 Method
7 Additionally
11 Destruction
13 Greek H
14 Middy
15 Sandwich cookie
16 Dickens pseudo-
nym
17 With 52-Down,
year-end fuel
18 Value
20 Versifier
22 Embrace
24 "Do unto — ..."
28 Custodian
32 Mannerly
33 "Once — a time"
34 Beavers' structure
36 Pleasant
37 Sill
39 Threw and caught
repeatedly
41 Ancient parlor
43 Showbiz job
44 Hippocratic, e.g.
46 Aristocratic
50 Sandwich shop
53 Once around the
track
55 Hebrew month
56 Revlon rival
57 Exist
58 Nintendo com-
petitor
59 Safecracker
60 Hot tub
61 Lair

Down

1 Front of a ship
2 Modern-day
money



3 Harbor structure
4 Symbol of intrigue
5 On
6 Mississippi river
7 Cole Porter musical
8 Gehrig of baseball
9 Scale member
10 Singleton
12 "Forget it!"
19 Shack
21 And so on (Abbr.)
23 Deity
25 Wicked
26 Wedding shower?
27 Coaster
28 Broadway com-

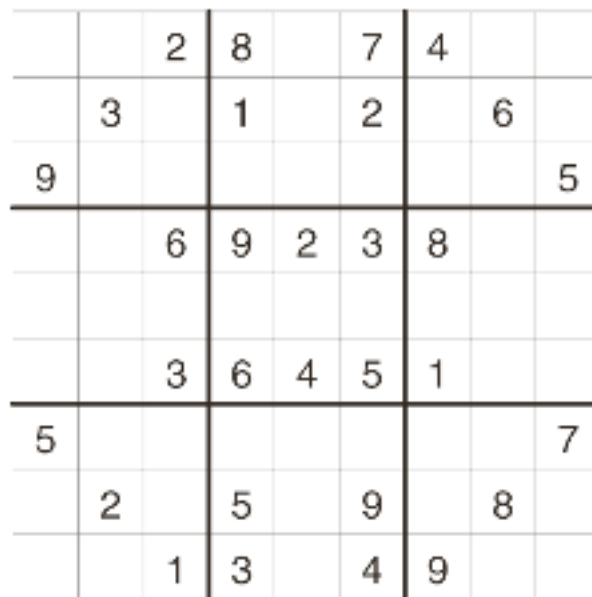
poser Styne
29 Pinnacle
30 Protuberance
31 British rule in
India
35 Beer vessel
38 Historic period
40 Martini ingredi-
ent
42 Book of maps
45 Angelic instru-
ment
47 Lost vital fluid
48 Olympic 27-Down
49 Verve
50 24 hours

51 First lady?
52 See 17-Across
54 Pod occupant

► Friday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's answer ►



Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

true lov, you are my true love..i live just for you..you are the most beautiful woman i ever seen..no wonder i can't get enough of you..just stay strong and no stress at all..just relax..i love you and miss you..have a great day my love. kiss and hugs on your way.
LOSTINYOURLOVE

Nikita, Last Friday after work, the heat, the salad chicken, the ice capp, and the kisses make me feel love like never loved before. You ought to know by now how much I love you. Cant wait for Monday so I can see you again
MIKE

*Vince
Hope u are enjoying your daily read of the Metro...just wanted to say I love u and miss u soooo much. I can't wait until we see each other again. Love u forever xoxoxo*
LISA

A look at the weather

TODAY
Min 13°
Max 21°

TUESDAY
Min 13°
Max 24°

WEDNESDAY
Min 13°
Max 25°



Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**



Today's horoscope

♈ Aries March 21-April 20 Make your own troubles seem smaller today by helping family and friends deal with their difficult issues.

♉ Taurus April 21-May 21 You must not let personal feelings cloud your judgment today.

♊ Gemini May 22-June 21 What seemed simple yesterday will seem outrageously complicated today. Don't lose your cool.

♋ Cancer June 22-July 22 If you actually listen to criticism today, you might learn something that could save you future grief.

♌ Leo July 23-Aug. 23 Is there something you secretly feel guilty about? Do something about it.

♍ Virgo Aug. 24-Sept. 22 Strive to maintain an open and optimistic attitude. It's about perspective, make yours wide and deep.

♎ Libra Sept. 23-Oct. 23 Sometimes you just have to follow your instincts, so trust them — and act.

♏ Scorpio Oct. 24-Nov. 22 The more you try to move in one direction today, the more events will conspire to push you in another. Perhaps you should take the hint.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21 What happens today will be removed from your usual experience. It may be difficult to make sense of.

♑ Capricorn Dec. 22-Jan. 20 Something will happen today that will encourage you to become a more tolerant human being.

♒ Aquarius Jan. 21-Feb. 18 You may find that your powers of persuasion let you down today.

♓ Pisces Feb. 19-March 20. If a friend suggests you do something unethical today, turn him or her down flat. **SALLY BROMPTON**

Caption contest



"You should've seen the bird!"

MARCUS



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

LOVE TO PLAY?

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metro play

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